Words to know: Power, Rebellion, Resistance

The word “power” has many negative connotations in our culture. Can you name a few?

What if, instead we discover our own power and then exercise it? What would that be called?

*Maria Harris is an author and she calls is “the grace of power”.*

Rebellion is the expression of feeling that comes when we name those injustices and sufferings that are not to be tolerated. Engaging in rebellion means claiming to the right to say that injustice is wrong.

When have your rebelled in your life?

The third power is resistance. Resistance is active opposition toward injustice. Resistance is refusal to accept the way things are because things can be different.

Have you been able to resists injustice in your life, if so when, if not could you? Explain.